**COVID-19 Volunteer Support**

**Shopping? what should you know?** 

* Here’s a few basic precautions for handling shopping that could help keep everyone safe. You may want to include these in your safeguarding practices;
* Don’t go into any houses. Leave food / goods outside the doorstep. Communicate to the person in isolation that you have delivered via message or phone call. Get confirmation that the person has received it before you leave.
* Check the safety of the products delivered. Check any packaging is sealed and the temperature of product on delivery e.g. If it’s meant to be frozen, is it still frozen?
* Recommend that recipients wash shopping wherever possible and wash their hands after touching it.
* Remember to wash hands before and after deliveries. Where possible wash for 20 seconds with soap and water. When out and about keep a bottle of alcohol hand sanitiser to hand.
* Cover your mouth and nose with a tissue when coughing and sneezing. If no tissue, cough and sneeze into the crook of your arm.
* Volunteers should ensure they have a low chance of becoming infected. Where possible follow social distancing protocol and don’t take unnecessary risks.
* Public transport should be avoided where possible. In cases where taking public transport is unavoidable, disinfection of the items delivered should be carried out.
* Take care when handling any items which may be given to people who may have compromised immune systems. The virus can live on inanimate surfaces for up to 72 hours.
* Disinfect any surface that will be touched by the person you are delivering to.